

## **Mental Health Parity and Addiction Equity Act Notice**

State of Delaware Group Health Insurance Program (GHIP) group health plans provide and administer mental health and substance abuse benefits. The Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA) is a federal law that generally prevents group health plans and health insurance issuers that provide mental health or substance use disorder (MH/SUD) benefits from imposing less favorable benefit limitations on those benefits than on medical/surgical benefits. The MHPAEA does not require employers to provide mental health or substance use disorders benefits under employer-sponsored health care plans. GHIP does provide mental health and substance use disorders benefits, and will therefore comply with the requirements of MHPAEA. For more information about GHIP's group health plans and their compliance under the MHPAEA, please contact Statewide Benefits Office at 1-800-489-8933 or at [de.gov/statewidebenefits](http://de.gov/statewidebenefits).

*This notice is effective March 1, 2019, and was revised as of March 1, 2019.*